



# Michael Sjostrom

September 23, 2013

Obituary of Michael Sjostrom

## MICHAEL DAVID SJOSTROM

Mike Sjostrom, age 47 of The Villages, FL and Corea, ME died suddenly September 23, 2013 of unknown causes in The Villages, FL. He grew up in Auburn graduating from Edward Little High School in 1984. He made Downeast Maine his home and recently began wintering in The Villages, FL. Constant, True, Devoted, Caring, Grounded, Genuine, Gentle, Witty, Former (Farmville) and Gregarious are but a few words to describe Mike. Mike spent his adult life caring for others. He worked as a CNA at Cortland Nursing Home in Ellsworth for many years. He most recently worked as an in home care giver for his beloved sister Karen, until her passing, followed by providing care for his brother-in-law Robert Hedger. He was selfless and determined as caregiver, dialysis buddy, traveling Sherpa, personal assistant, companion and fellow spiritual voyager over the years. In whatever Mike did, he did so with a warm smile, a rich laugh, & a twinkle in his eyes. Mike loved the connectedness of social media; anyone lucky enough to be his "Face Book Friend" can attest to his incredible, sharp, dry (and usually on the money) wit & humor. He was a member of Twin City Council of the United Commercial Travelers for several years following in

the footsteps of his dearly departed parents, Dave & Peggy Sjostrom and with Karen & Robert Hedger. Mike was actively involved in the Lion's Club and was an amazing cook. He was an avid reader of the sci/fi genre. Although Mike never had children of his own he made his nieces and nephews a priority in his life sharing books, music, time and love to each and everyone of them who lovingly referred to him as Uncle Hairy Mike", Mike is survived by his three sisters; Mary Ellen Sjostrom of Lewiston, Vicki Sjostrom and her partner

Lenny Merrill of Auburn, Tina Manley and husband Bruce of North Yarmouth, his nieces and nephews, his brother-in-law Robert Hedger of FL as well as his sole-mate and best friend Belinda. Mike also leaves Charlie, his beloved dog.